

嘗嘗主恩的滋味
Taste and see that
the Lord is good

詩篇 Psalm 34:1-22

- 1 我要時常稱頌耶和華，讚美他的話必常在我口中。
- 2 我的心要因耶和華誇耀，困苦的人聽見了就喜樂。
- 3 你們要跟我一起尊耶和華為大，我們來一同高舉他的名。
- 4 我曾求問耶和華，他應允了我，救我脫離一切恐懼。
- 5 人仰望他，就有光彩，他們的臉必不蒙羞。
- 6 我這困苦人呼求，耶和華就垂聽，
拯救我脫離一切患難。
- 7 耶和華的使者，在敬畏他的人周圍紮營，
搭救他們。
- 8 你們要親自**體驗**，就知道耶和華是美善的；
投靠他的人，都是有福的。

9 耶和華的聖民哪！你們要敬畏他，
因為敬畏他的一無所缺。

10 少壯獅子有時還缺食挨餓，
但尋求耶和華的，甚麼好處都不缺。

11 孩子們，你們要來聽我；我要教導你們敬畏耶和華。

12 誰喜愛生命，愛慕長壽，享受美福，

13 就應謹守舌頭，不出惡言，嘴唇不說欺詐的話。

14 也要離惡行善，尋找並追求和睦。

15 耶和華的眼睛看顧義人，

他的耳朵垂聽他們的呼求。

16 耶和華的臉敵對作惡的人，要把他們的名從世上除掉。

17 義人哀求，耶和華就垂聽，
搭救他們脫離一切患難，

18 耶和華親近心中破碎的人，
拯救靈裡痛悔的人，

19 義人雖有許多苦難，
但耶和華搭救他脫離這一切。

20 耶和華保全他一身的骨頭，
連一根也不容折斷。

21 惡人必被惡害死；憎恨義人的，必被定罪。

22 耶和華救贖他僕人的性命；
凡是投靠他的，必不被定罪。

¹ I will extol the LORD at all times;
his praise will always be on my lips.

² I will glory in the LORD;
let the afflicted hear and rejoice.

³ Glorify the LORD with me;
let us exalt his name together.

⁴ I sought the LORD,
and he answered me;
he delivered me from all my fears.

- 5 Those who look to him are radiant;
their faces are never covered with shame.
- 6 This poor man called, and the LORD heard
him; he saved him out of all his troubles.
- 7 The angel of the LORD encamps around
those who fear him, and he delivers them.
- 8 Taste and see that the LORD is good;
blessed is the one who takes refuge
in him.

⁹ Fear the LORD, you his holy people,
for those who fear him lack nothing.

¹⁰ The lions may grow weak and hungry,
but those who seek the LORD lack no
good thing.

¹¹ Come, my children, listen to me;
I will teach you the fear of the LORD.

¹² Whoever of you loves life and
desires to see many good days,

**13 keep your tongue from evil and
your lips from telling lies.**

**14 Turn from evil and do good;
seek peace and pursue it.**

**15 The eyes of the LORD are on the
righteous,**

and his ears are attentive to their cry;

**16 but the face of the LORD is against those
who do evil, to blot out their name from
the earth.**

¹⁷ The righteous cry out, and

the LORD hears them;

he delivers them from all their troubles.

¹⁸ **The LORD** is close to the **brokenhearted**
and saves those who are **crushed in spirit**.

¹⁹ The righteous person may **have many**
troubles,

but **the LORD** delivers him from them all;

²⁰ **He** protects all his bones,

not one of them will be broken.

21 Evil will slay the wicked;
the foes of the righteous
will be condemned.

22 **The LORD** will rescue his servants;
no one who **takes refuge in Him**
will be condemned.

1. The Lord is good 主恩美善 (vv. 1-3)
because He is graceful to all believers.
2. The Lord is tasteful 主恩美味 (vv. 4-8) but...that
is not tasteful to the world.
3. The Lord is fearful 主恩可畏 (vv. 9-16) with...a
condition: hold evil tongue,
4. The Lord is dependable/faithful 主恩可靠
(vv. 17-22)

However, not easy to understand that God did
not rescue His servant.

Yet, His servant still trust Him and has Hope!